# **26<sup>th</sup> National Conference of the Indian Association of Endocrine Surgeons- IAESCON 2025**

October 31- November 1, 2025

Theme: "Holistic care for Endocrine tumour management"

## **Scientific Program**

**Pre-Conference Workshop: October 30, 2025** 

## **VENUE:** Aavishkar Hall, K S Hegde Charitable Hospital,

Nityanandanagar, Deralakatte, Mangaluru

8:00-9:00 AM	Registration and ice breaking	
9:00-9:30 AM	Video lecture on Robotic thyroidectomy- Dr Amit Agarwal, Medanta, Lucknow	Chairpersons: Dr Anjali Mishra, SGPGI, Lucknow, Dr Sabaretnam, SGPGI Lucknow
9:30-10:00 AM	Video presentation on quadrant-based breast oncoplasty techniques- Dr Gaurav Agarwal, SGPGI, Lucknow	Chairpersons: Dr Anand Mishra, KGMU, Lucknow, Dr Vinay Kumar Rajendra, KS Hegde Medical Academy, M'Iore
10:00-10:30 AM	Video lecture on Robotic Nipple sparing mastectomy- Dr Naval Bansal, Fortis, Mohali	Chairpersons: Dr Amit Agarwal, Medanta, Lucknow, Dr Ramya C Valiveru, KIMS Kondapur
10:30-11:00AM	Precision oncology: Role of genetic testing in personalised Breast cancer treatment- Dr Vijith Shetty, Medical Oncologist, KS Hegde Medical Academy, M'lore	Chairpersons: Ms Dipali Rai, Dr Dinesh Shet, Father Mullers Medical College, M'lore
11:00-11:30PM	Workshop on AI in Healthcare and Research- Dr Giridhar, KS Hegde Medical Academy, M'Iore	Chairpersons: Dr Siddhartha, Apollo Hyderabad, Dr Ganesh Bhat, UPUMS, Safai
11:30AM-12:30PM	<ul> <li>Poster presentation session</li> <li>Dr Jitin Pillai: Enhanced recovery after surgery (ERAS) lite bundle in Thyroid surgery: A Retrospective before-after cohort with interrupted time-series analysis</li> <li>Dr Saurabh Maurya: Impact of a short virtual course on delivering Global-Standard Breast cancer care in Low-resource settings</li> <li>Dr Ayushi Raz: Clinicopathological spectrum and Surgical outcomes of Carotid Body tumors: Experience from a Tertiary Care Centre</li> <li>Dr Sravika Malreddy: Breast abscess: An unusual complication of chemotherapy in breast cancer</li> <li>Dr Anantveer S Rajamane: An uncommon site of a common malignancy: Papillary thyroid carcinoma in retrosternal ectopic thyroid tissue</li> </ul>	
12:30-02:30PM	Lunch	
2:30-3:00PM	Workshop on surgical videography- Mr Praseeda	Chairpersons: Dr Himagirish Rao, CDSMIR, B'lore, Dr Aneesh Sugunan, Believer's Church Hospital, Kerala
3-3:15 PM	Postoperative Management of DTC's- Dr Maruthu Pandiyan, Vice President ASI 25	Chairpersons: Dr Caren D'Souza, KS Hegde Medical Academy, M'Iore, Prof Clement R S D'Souza, Father Mullers Medical College, M'Iore

3:15-3:30PM	Laparoscopic Adrenalectomy- Dr Pravin Suryavanshi, President ASI 25	Chairpersons: Dr Suraj Hegde, Urology, KS Hegde Medical Academy, M'lore, Dr Ganesh MK, Surgical gastroenterology, Father Mullers Medical College, M'lore, Dr Suyog Shetty, Urology, Father Mullers Medical College, M'lore
3:30-4:30 PM	Cadaveric workshop on Oncoplastic Breast Surgery and Thyroid Surgery	Dr. Pooja Ramakant, KGMU, Lucknow, Dr Anjali Mishra, SGPGI, Lucknow, in association with Department of Anatomy, KS Hegde Medical Academy, M'lore
4:30 PM	High tea and disperse	

## **CONFERENCE VENUE (Both days): Avatar Convention**

**Centre,** Shanker Vittal HQ, Nandigudde Road, Attavar, Mangaluru

## Day 1 - Friday 31st October 2025, 8:00 am to 5:00 pm

00.00	Case presentations 1 (E+2)	
08:00-	Case presentations 1 (5+3)	
9:00 am	Chairpersons: Dr S K Mishra/ Dr Ajaz Ahmad Malik/ Dr Pradeep PV/ Dr	
	Rozario	
	Presenters	
	1. Dr Pooja Ramakant	
	- Graves' disease with sight threatening ophthalmopathy & PMC	
	2. Dr Dileep Hoysal	
	- Breast cancer with adrenal tumor	
	3. Dr Divya Dahiya	
	- Parathyroid carcinoma	
	4. Dr K. Poongkodi-	
	- Molecular heterogeneity in clinically diverse FTC	
	5. Dr Sarrah	
	- Cervical spine metastasis in FTC	
	6. Dr M J Paul	
	- MEN 1 with Gastrinoma	
09:00-	Panel discussion 1	
09:45 am	Management of Thyroid Cancers of Follicular Cell Origin	
	Moderator- Dr Amit Agarwal	
	Panellists:	
	1. Dr Akhila Bhandarkar	
	2. Dr Sandhya	
	3. Dr Sai Vishnupriya Vittal	
	4. Dr Ritesh Agarwal	
	5. Dr Aadarsh Raghavan	
	6. Dr Dhritman Maitra	
	7. Dr Suneel Matoo	
09:45-	Special Lecture 1 (15+5)	
10:05 am	Chairpersons: Dr Aravindan Nair, Dr Anand Kumar Mishra, Dr AK	
	Mohanty, Dr Srinivas Pai	
	Presenter: Dr Titus Augustine	
	Laparoscopic hand-assisted and Retroperitoneoscopic Adrenal	
	surgeries	

10:05-**Prof. S. Vittal Oration** 10:45 am Chairpersons: Dr Anjali Mishra, Dr Pooja Ramakant, Dr Nikhil Singh Introduction of the Oration Dr Pooja Ramakant Introduction of the Orator Dr Anjali Mishra Orator Dr Imi Sairi Ab Hadi, MD, Malaysia Technology & Innovation in Endocrine Surgery (20) Prof. Jothi Ramalingam Best Paper Award (4+2) 10:45-Session 1 (Short-Listing)

12:00 pm

Chairpersons:

Dr Marathu Pandiyan, Dr K C Mohapatra, Dr V Seenu, Dr Sunil MB Barua

#### Judges: Dr Imi Sairi Ab Hadi, Dr Stephen Farrell, Dr Pradeep PV

- 1. Dr Markose Mathew-Surgical innovation- Modified neuromuscular electrical stimulation as a point of care test to predict post-thyroidectomy acute hypocalcemia and dynamic variation in bioelectrical nerve potential.
- 2. Dr Mithlesh Wanchoo-Prospective Comparative Analysis of Metabolic and Biochemical Parameters in Pheochromocytoma-Paraganglioma Patients and Adrenal Controls: Interim Analysis from PheoMet Study
- 3. Dr Reva Shankar Sahu-Thyroid Imaging and Cytology Combined (TICC) Score for Incidental Thyroid Carcinoma: A Preliminary Report.
- 4. Dr Palak Meena-Comparison of diagnostic accuracy of Contrast Enhanced Ultrasound (CE-US) with Sestamibi/SPECT for localisation in Primary Hyperparathyroidism (PHPT)
- 5. Dr Satyajit Kundu-Comparison of Ultrasound neck, SestaMIBI, 4DCT and F18 Fluorocholine PET scan for localization of parathyroid adenoma in patients with primary hyperparathyroidism
- 6. Dr Dinesh Goli- PrediCAL An Innovative AI Tool for Predicting Postoperative Calcium Requirement in Primary Hyperparathyroidism
- 7. Dr Sai Vyshnavi- A 13-year single institution experience in the management of retrosternal goitres.
- 8. Dr Surabhi Singh-A Single Institution Retrospective Analysis of Patients with Conn's Syndrome.
- 9. Dr Zubair Gul Lone- Role of Parathyroidectomy in the Management of Secondary Hyperparathyroidism in CKD Patients in a Tertiary Care Center
- 10. Dr Bharath S-Decoding Difficult Thyroid Surgery: A Novel Predictive Nomogram analysing preoperative risk factors
- 11. Dr Azher Mushtaq- Hemithyroidectomy: a Safe Bet for Papillary Carcinoma?—a Propensity Score Matching Observational Study with a 10-Year Follow-Up from a Tertiary Care Center in Northern India.
- 12. Dr. Siddhant Karan- A Randomized controlled trial to compare quality of life between axillobreast approach and bilateral axillo-breast approach for endoscopic thyroidectomy in patients with benign thyroid swellings.

12:0	0-
1:00	pm

#### Inauguration and FAES Convocation

#### **Inauguration Ceremony IAESCON 2025**

Welcome Dignitaries on Dias by Master of Ceremony: Dr Grancy with floral bouquet by the Organising Team (2)

Lighting Lamp and Saraswati Vandana (3)

Welcome address

Dr Himagirish K Rao: Organising Chairman IAESCON 2025 (3)

About the Conference

Dr Pooja Ramakant: Honorary Secretary (3)

**About Indian Association of Endocrine Surgeons** 

Dr Anjali Mishra: IAES President (5)

Words of Wisdom

Prof Dr Sandeep Rai: Dean, Medical, KS Hegde Medical Academy (5)

Address by the Guests of Honour

Captain Brijesh Chowta: Member of Parliament, Dakshina Kannada (5) Prof Dr Shantharam Shetty: Pro- Chancellor, Nitte University (5)

Address by Chief Guest

Dr Pravin K Suryawanshi: ASI President (10)

Felicitation Ceremony, FAES Degrees, Release of IAES Newsletter

Dignitaries & Special Invites (5)

Vote of Thanks by Organising Secretary

Dr Smitha S Rao (3)

### 1:00-1:50 pm

#### Sponsored session

- Genetic testing in Breast cancer (10mins)- Ms Dipali Rai
- Indian Expert Consensus on Use & Best Practices of IONM in Thyroid Surgery (10mins)- Dr Pradeep PV, Baby Memorial Hospital, Kerala
- Role of Lenvatinib® in Unresectable thyroid cancer before surgery (10mins)- Dr Hemant Kumar, Medical Oncologist, Mangalore Institute of Oncology

Lunch & Poster- walk

Judges: Dr S K Mishra, Dr B N Mohanty, Dr Pravin K Suryawanshi

- Dr Chandrika Bhattacharya- Tumor induced Osteomalacia- A diagnostic and Therapeutic challenge.
- 2. Dr Harjinder Singh- A Prospective observational study to assess the accuracy of preoperative and postoperative transcutaneous laryngeal ultrasonography (TLUSG) in evaluating the vocal cord mobility in patients undergoing thyroid surgeries.
- Dr Sakshi Meena-Integrating Imaging, Cytology, and Histology: Concordance of USG TI-RADS, Bethesda Categories, and Histopathology Findings in Thyroid Nodules.
- 4. Dr Sushma Barandevi-A Pilot Study to Compare Autofluorescence Based Detection of Parathyroid Gland by Probe-Based Fluorescence Spectroscopic Method with Indocyanine Green Guided Intraoperative Identification of Parathyroid Glands.
- 5. Dr Sagar Mishra-Evaluation of Postoperative Voice Changes following Thyroid and Parathyroid Surgery and Formulation of a Scoring System to Predict Postoperative Voice Outcomes.

	<ol> <li>Dr Siddhant Karan- Mixed mystery of MTC with PTC in a case of MEN2A – A rare case report.</li> <li>Dr Barnabas Samuel- Localization studies in primary hyperparathyroidism (PHPT): A single institute experience over 20 years.</li> <li>Dr Bharath S- Navigating the Surgical Gray landscape of difficult adrenal tumours: Retrospective insights from a Tertiary Care Centre</li> <li>Dr Shradha Srinivas - Unmasking the Unusual: A Single Centre Experience with Rare Adrenal Lesions (2021-2025)</li> <li>Dr Azher Mushtaq-Laparoscopic Management of Retroperitoneal Paragangliomas: A Case Series of 15 Patients from SKIMS Srinagar.</li> </ol>	
01:50-	Debate 1	
02.10 pm	(5+5, Rebuttal- 2+2, Discussion- 5) Chairpersons: Dr Rajesh Ballal, Dr Rajagopal Shenoy, Dr K R Bhagwan, Dr Chandan Jha Moderator: Dr Sanjay K Yadav Dr Suneha Vs Dr Surabhi Garg: BABA Vs TOTEVA	
02:10- 02:30 pm	Debate 2 (5+5, Rebuttal- 2+2, Discussion- 5) Chairpersons: Dr Munir Wani, Dr Dr Jnaneshwari Jayaram, Dr VNSSVAMS Mahalakshmi Moderator: Dr Siddhartha Chakravarthy Dr Suganya Vs Dr Ganesh Bhat: Radio- Frequency Vs Microwave ablation	
02.30-	Video presentations 1 (5+2)	
03:00 pm	Chairpersons: Dr A K Mohanty, Dr Nikhil Singh, Dr Rohan Gatty Presenters:  1. Dr Munir Wani  -Laparoscopic Adrenalectomy  2. Dr Anish Jacob Cherian  -Retroperitoneoscopic Adrenalectomy  3. Dr Ankita Singh  - Retrosternal goiter surgery  4. Dr Roma Pradhan  - Autoflouresence in thyroid and parathyroid surgery	

03:00-	Panel discussion 2
03.45 pm	Management of PHPT
	Moderator – Dr Gaurav Agarwal
	Panellists:
	1. Dr Dhalapathy S.
	2. Dr Dependra Narayan Singh
	3. Dr Chitresh Kumar
	4. Dr Suneel Matoo
	5. Dr Farheen Khan
	6. Dr Shrikrishna V Acharya
	7. Dr Gitika Nanda Singh
03:45-	Paper Presentations by Junior Residents
04:15 pm	(5+2)
	Chairpersons: Dr MJ Paul, Dr Chitresh Kumar, Dr Rizhin Sooraj
	Judges: Dr Aravindan Nair, Dr K C Mohapatra, Dr Divya Dahiya
	<ol> <li>Dr Amol Sood- Junior Resident- Role of 2-D Shear-Wave Elastography in the Evaluation of Indeterminate Thyroid Nodules</li> <li>Dr Ankur Yadav- Junior Resident-Cosmetic and Perioperative Outcomes of Endoscopic Thyroidectomy: A Prospective Single-Centre Cohort Study</li> <li>Dr Deeksha Kumbhawat- Comparison of outcomes and inflammatory markers of Transoral vestibular and Axillo-breast approach for endoscopic hemithyroidectomy in patients with benign and indeterminate thyroid lesions- A randomized controlled trial.</li> <li>Dr Gutta Anuhya -Effect of surgery on Sexual Health of Breast Cancer Survivors at one- year post-surgery: A cross- sectional study</li> </ol>
04:15-	General Body Meeting
06:15 pm	
06:30 pm	Gala Dinner
onwards	

Gala Dinner Venue: Le Sparrow Beach Resort, Penambur Beach, NH 66, Mangaluru

# Day 2 – Saturday 1st November 2025, 8:00 am to 5:00 pm

00.00		
08:00-	Case presentations	
09:10 am	Chairpersons: Dr Ranjith Sukumar, Dr Brijesh Kumar Singh, Dr S.	
	Umadevi (5+3)	
	Presenters:	
	1. Dr Gopal Puri	
	- Tumor induced osteomalacia	
	2. Dr Lakshmi Radhakrishnan	
	- MEN Syndrome	
	3. Dr Pushkar	
	-Familial Paraganglioma syndrome	
	4. Dr Sahithi Priya	
	- Thyroglossal duct cyst presenting as lateral neck swelling	
	5. Dr Mithun Ram	
	- Metastatic Insulinoma- A maniacal masquerade	
	6. Dr Ashwinee Rahalkar	
	- Anaesthetic considerations and multimodal management	
	strategies in LATC patient	
	7. Dr Munir Wani	
	- PHPT	
	8. Dr Rijuta Aphale	
	- Oncocytic variant PMC in setting of MNG	
09:10-	Thyroid cancer Guidelines Discussion	
10:00 am	Dr Anjali Mishra, Dr Pooja Ramakant	
10:00-	Special Lecture 2 ( 15+5)	
10:20 am	Chairpersons: Dr Dhalapathy, Dr M Vijayakumar, Dr Chitresh Kumar	
	Presenter: Dr Stephen Farrell:	
	Paediatric Thyroid Cancer	
10:20-	Prof. K.D. Verma Oration	
10:45 am	Introduction of the Oration Dr Himagrish Rao	
	Introduction of the Orator Dr Smitha Rao	
	Oration Lecture Dr R Dayananda Babu	
	Title 'Good surgeon to great surgeon – ten traits required'(15)	
10:45-	Presidential Oration ( )	
11:05	Introduction of the Oration Dr Gaurav Agarwal	
	Introduction of the Orator Dr Nikhil Singh	
	Oration Lecture Dr Anjali Mishra	
	Future of Endocrine Surgery in India (15)	

11:05-	Video presentation (5+2)	
11:50 am	Chairpersons: Dr Titus Augustine, Dr MS	
	Senthil Kumar, Dr Anand K Mishra, Dr Manohar Martis	
	Presenters:	
	1. Dr Piyush Mishra	
	- Robotic Adrenalectomy	
	2. Dr Kushagra Gaurav	
	- Laparoscopic Adrenalectomy	
	3. Dr Sanjay K Yadav	
	-TOETVA -Critical View of Safety fo	or identification of RLN
	4. Dr Kul Ranjan Singh	
	<ul> <li>Endoscopic thyroidectomy</li> </ul>	
	5. Dr Siddhartha Chakravorty	
	- Preserving a functional nerve in L	ATC
	6. Dr Kamal Kataria	
	-Robotic distal pancreatectomy for	r NET
11:50-	Prof. Jothi Ramalingam Best Paper Award	
12:20 pm	Session 2 (Final Presentation) (7+3)	
	Chairpersons:	
	Dr V Seenu, Dr A K Mohanty, Dr Sunil M	B Barua
	Three Best Papers	
12:20-	Chennai Quiz	
1:00 pm	Moderators: Dr Sabaretnam, Dr Spandana J	
01:00-	Sponsored Session	Lunch
02:00 pm	<ul> <li>Recent updates in the</li> </ul>	
	Management of Thyroid Cancer	
	(10 mins) – Dr Sumeeth M	
02:00-	Tips and tricks of managing Complicati	ons (5+3)
02:50 pm	Chairpersons: Dr BN Mohanty, Dr Ritesh	` '
'	1. Dr MJ Paul	
	- Chyle leak management	
	2. Dr Sabaretnam M	
	- B/L RLN Injury management	
	3. Dr Smitha Rao	
	- Seroma management	
	4. Dr Divya Dahiya	
	- Thyroidectomy with intubation	injury management

02:50-	Panel discussion 3
03:35 pm	Multidisciplinary Management of Adrenal Tumors
	Moderator: Dr Himagirish Rao
	Panellists:
	1. Dr Krishnaprasad
	2. Dr Vijith Shetty
	3. Dr Ashwin Polynaya
	4. Dr Sumeet
	5. Dr Meenu
	6. Dr Vikram S
	7. Dr Sushobhan Pradhan
	8. Dr Murali Nadig
03.35-	Session on career counselling for MCh and Junior Residents
04:00 PM	Panellists- Dr S K Mishra, Dr Aravindan Nair, Dr Sri Ram Bhat, Dr
	Divya Dahiya, Dr Ajaz Ahmad Malik, Dr Siddhartha, Dr Sunil
	Barua
	Moderator- Dr M J Paul
04:05-	Valedictory function & Award distribution Ceremony
05:00 pm	