

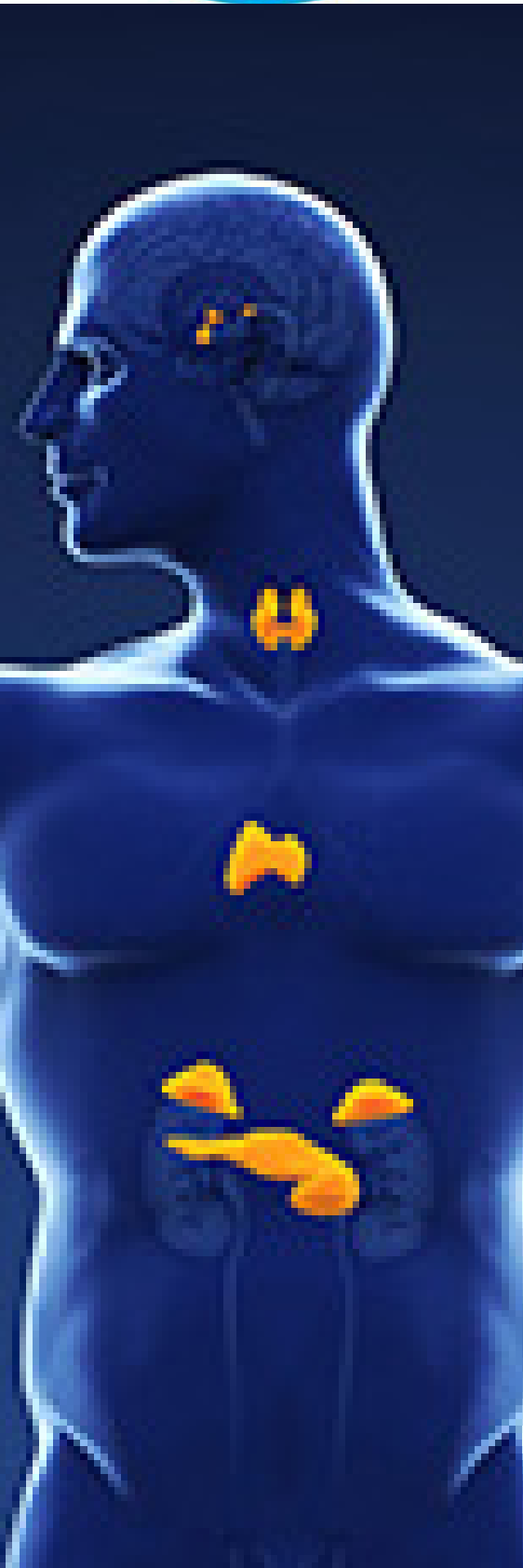


# IAES

## NEWSLETTER

KNIFE &  
GLANDS

Where surgery meets  
the art of hormones



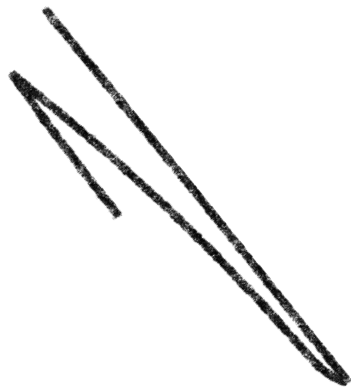
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# IAES Newsletter



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**Editor**

Dr. Sanjay Kumar Yadav

**Co Editor**

Dr. Devam Baderiya

# IAES Newsletter



## CONTENTS

- From Editor's desk

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- Report from EBSCON PGI CDG

---
- CMEs

---
- IAES at As AESSeoul Korea

---
- World thyroid day celebration

---
- Surgeons Week 9th to 15th June 2025 under the aegis of IAES

---
- 37th Foundation Day of the Department of Endocrine Surgery & 16th Post Graduate Course on Endocrine Surgery (PGES)

---
- Career counseling

---
- AI meets Thyroid

## TABLE OF CONTENTS

# IAES Newsletter



## From Editor's desk

Dear Friends,

It is my pleasure to bring you this issue of the IAES Newsletter, capturing the highlights of the last six months. What a journey it has been full of learning, sharing, celebrating, and above all, staying connected as a community of endocrine surgeons.

The celebration of Surgeons Week and Surgeons Day by the Association of Surgeons of India was truly special this year. It gave us a chance to pause, reflect, and remind ourselves why we chose this profession to heal, to innovate, and to serve. Across the country, IAES members marked the occasion with academic sessions, patient awareness programs, and local events that carried the spirit of surgery beyond the walls of the operating room.

At the same time, our fraternity has been buzzing with academic energy. From cutting-edge research and innovative low-cost solutions to lively discussions at conferences and workshops, IAES members have been making their presence felt both nationally and internationally. It is inspiring to see young surgeons step up with enthusiasm, and seniors guiding with wisdom, together shaping the future of endocrine surgery in India.

This newsletter is not just a collection of updates. It is a celebration of our shared efforts, our teamwork, and our passion. I hope you enjoy reading it as much as we enjoyed putting it together.

Let us continue to learn from each other, support each other, and carry forward the mission of IAES with pride and purpose.

Warm regards,  
Sanjay Kumar Yadav  
Editor, IAES Newsletter  
Devam Baderiya  
Co-editor



# IAES Newsletter



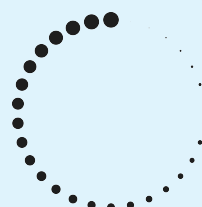
## Report from EBSCON PGI CDG

Updates in Endocrine and Breast Surgery (EBSCON 2024), held on the 6th and 7th of December 2024, was the first academic event organised under the auspices of the EBS foundation by the Department of Surgery, Postgraduate Institute of Medical Education and Research, Chandigarh (PGIMER) in collaboration with the Indian Association of Endocrine Surgeons (IAES) and ABSI. It was a resounding success and the conference welcomed 169 delegates, including a diverse group of national and international experts, practitioners, residents and other healthcare professionals.

The event provided a platform for critical discussions on advances and challenges in endocrine and breast surgery, fostering collaboration and idea exchange.

The highlights of the conference included:

- 1) **Renowned Speakers:** Esteemed experts shared insights on emerging trends, innovative surgical techniques, and evidence-based practices, inspiring attendees.
- 2) **International Perspectives:** Comprehensive discussions on managing micro-papillary carcinoma.
- 3) **Panel Discussions:** Engaged in debates on complex case management.
- 4) **Workshops and Video Sessions:** Featured minimally invasive and robotic surgery, radio-frequency ablation for thyroid nodules, vacuum therapy, and core biopsy for breast lesions.



"AI is entering the OR — from pituitary navigation to predicting surgical steps."  
(ArXiv Preprint: AI in Endocrine Surgery, 2025)

# IAES Newsletter



## CMEs

### MARCH 2025



A CME on Totally Implantable Venous Access Devices (TIVADs), organised by the Department of Endocrine surgery, Dr. RMLIMS, Lucknow, under the aegis of Indian Association of Endocrine surgeons (IAES), was held on 29th March, 2025. The convener of the CME was Prof. S.K Mishra. The Organising & Co-organising Secretaries were Dr. Sarah Idrees & Dr. Abhishek Krishna respectively.

The focus of the CME was to equip young endocrine surgeons with the current knowledge on TIVADs. The CME was held in Hybrid mode and 54 delegates from all over India joined the sessions.

Prof. Pooja Ramakant (KGMU), Dr. Dileep Ramesh Hoysal (Tata Memorial center, Mumbai), Dr. Arjun Raja (KGMU), Dr. Ganesh Bhatt (Safai Hospital) delivered lectures and demonstrated videos of TIVADs Insertion & removal.

The sessions were chaired by Prof Divya dahiya (PGIMER, Chandigarh), Prof. Gyan chand (SGPGMIS, Lucknow), Dr. Sabaretnam M. (SGPGMIS, Lucknow), Prof. Pooja Ramakant (KGMU, Lucknow) and Dr. Kulranjan singh (KGMU, Lucknow).

The Case- based panel discussion on "Troubleshooting in TIVADs procedure" was the highlight of the CME. This session saw an active participation from the presenters (Dr. Dileep Ramesh Hoysal, Dr. Satyajit , Dr. Devam Baderiya, Dr. Meghna Shetty, Dr. Naresh , Dr. Asiya Zehra), Panelists (Prof. Divya Dahiya, Prof. Gyan Chand, Prof. Sabaretnam M., Dr. Sanjay Kumar Yadav, Dr. Goonjh Johri, Dr. Vishwak Chantar) & delegates (IAES members) alike. The CME was a grand success and great learning experience for all.

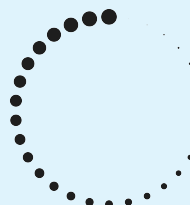
### MAY 2025 Kerla CME



We are pleased to report the successful completion of the "Thyroid Parathyroid Update 2025," which took place on May 25th, at Baby Memorial Hospital in Calicut. The event saw enthusiastic participation from more than 100 attendees, including general physicians, general surgeons, Medical endocrinologist, endocrine surgeons, and general practitioners.

The program featured a comprehensive series of 10 insightful talks delivered between 8:30 AM and 2:00 PM. The day commenced with a welcome address by Dr. Pradeep PV, the Organizing Chairman, and concluded with a vote of thanks presented by Dr. Shikhil, the Organizing Secretary. We were honored to have presentations from eminent speakers such as Dr. MJ Paul from CMC Vellore, Dr. Amit Agarwal from Medanta, and Dr. Himagireesh Rao from Bangalore, who shared their expertise and insights. The inaugural ceremony was gracefully presided over by Dr. Anand Pai, CEO of Baby Memorial Hospital.

Furthermore, the Kerala association of Thyroid and Endocrine Surgeons (KATES) general body meeting was successfully held on the preceding evening at Hotel KPM Tripenta.



"Thyroid cancer care in 2025 is personalized — less overtreatment, more patient focus."  
(American Thyroid Association, 2025 Guidelines, PubMed ID: 40844370)



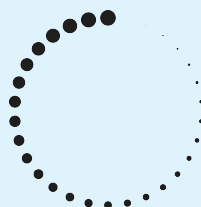
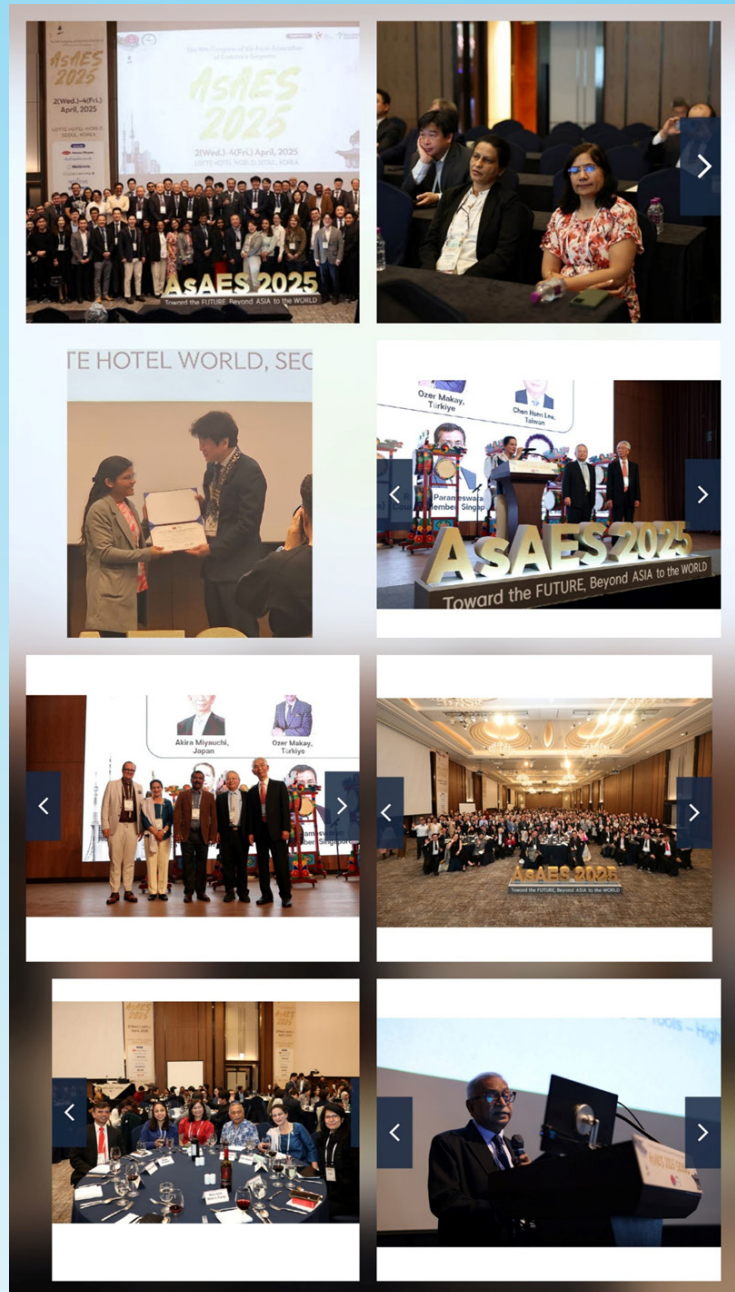
# IAES Newsletter



## IAES at As AESSeoul Korea

IAES 33 members' strong representation in International platform Asian Association of Endocrine Surgery Conference held in Seoul, South Korea 2-4th April, 2025

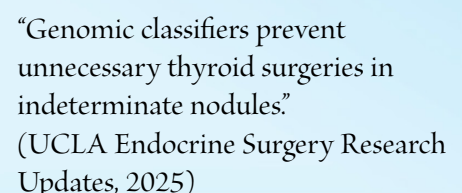
Dr Anjali Mishra- President IAES got the honour of speaking amongst the International Dignitaries on podium. Dr S K Mishra, past President IAES and AsAES had a Meet the Professor Lecture, Dr Amit Agarwal was also the invited Faculty and many IAES members had paper and poster presentations. Few IAES Members also won the travel grants. Indian and Korean delegates had the maximum number of participants amongst all the countries.



"Hypertension? Screen more widely for primary aldosteronism — it's often missed."

(Endocrine Society Guideline, 2025)







# IAES Newsletter



## Surgeons Week 9th to 15th June 2025 under the aegis of IAES

Reports of the activities planned for celebrating Surgeons Week 9th to 15th June 2025 under the aegis of IAES

- 1. Radio Goonj KGMU 89.6 Mega Hertz – 9th to 15th June 2025** Daily one of the Surgeons message on air, on you tube, Quiz questions daily, at end, Lucky draw.
- 2. Career counselling** with MBBS and PG Students- 10th June 2025
- 3. Endocrine Surgeons message video** on all social media platforms.
- 4. Blood donation camp** on 14th June 2025 in KGMU
- 5. Thyroid Public Awareness Program** and free Thyroid function test screening sampling for 100 patients in KGMU on 14th June 2025
- 6. Case-based Multi-Disciplinary meet** online – initiative by Dr Siddhartha, Hyderabad
- 7. Thyroid awareness and Mentor Mentee interaction AI Based tool** launch by Dr Sanjay Yadav, Jabalpur



“Quality of life is now a key outcome in endocrine surgery — not just cure rates.”  
(ATA Thyroid Cancer Guidelines, 2025)

“Where Necklines Meet Lifelines.”



# IAES Newsletter



## Radio Goonj KGMU 89.6 Mega Hertz

9th to 15th June 2025 Daily one of the Surgeons message on air, on Youtube channel videos, Quiz questions daily, at the end, Lucky draw.

Program details:

Radio Goonj KGMU Panel discussion: Topic "Surgeon's role in serving the society" to celebrate Surgeons Day on 15th June 2025 as declared by Association of Surgeons of India

Date 06 June 2025 3pm – 5pm (3-4 pm Dr Anand, Dr Sonkar, Dr Pooja, Dr Kul Ranjan) ( 4-5pm Dr Anjali) ( Dr Nikhil 3pm on 7th June 2025)

Venue: Convention Centre Radio Station- 2nd floor, Lucknow

Panellists:

1. Dr Anjali Mishra- President, IAES, Professor and Head Unit 2, Endocrine Surgery Department, SGPGIMS

a. Teaching role

2. Dr Nikhil Singh- President, UPASI, Prof and Head, Surgery Department, Govt Medical College, Gonda

a. Addressing public grievances and expectations

3. Dr Anand Kumar Mishra- Vice President, UPASI, Prof and Head, Endocrine Surgery Department, KGMU

a. Leading public awareness

4. Dr Abhinav Arun Sonkar- Editor in Chief, UPASI, Professor, General Surgery Dept, KGMU

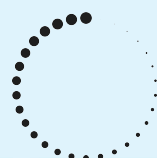
a. Surgeon and Technology

5. Dr Pooja Ramakant- Secretary, IAES, Professor, Endocrine Surgery Department, KGMU

a. Role as a Researcher

6. Dr Kul Ranjan Singh IAES and UPASI Member, Additional Professor, Endocrine Surgery Department, KGMU

a. How to be a Role Model



"Active surveillance is now safe for selected low-risk thyroid cancers."  
(ATA Guidelines, 2025)



# IAES Newsletter



## **37th Foundation Day of the Department of Endocrine Surgery & 16th Post Graduate Course on Endocrine Surgery (PGES)**

The Department of Endocrine Surgery, SGPGIMS, Lucknow, proudly celebrated its 37th Foundation Day along with the 16th Postgraduate Course in Endocrine Surgery (PGES 2025) from September 5–7, 2025. The biennial academic event brought together eminent international and national faculty, alumni, practicing surgeons, and enthusiastic trainees from across India. It was organised under the leadership of Prof Gaurav Agarwal (HOD and Organising Chairman) and Dr Sabaretnam M (Organising Secretary) with active support from faculty and residents.

The inaugural day commenced with a video operative workshop with demonstrations of thyroid, parathyroid, adrenal, and pancreatic procedures. A highlight of the session was Dr Jin Wook Yi from Korea, who demonstrated a cutting-edge technique of Single Port Robotic Thyroidectomy. The Thyroid Ultrasonography and Microwave Ablation workshop explored non-surgical therapies for thyroid nodules, providing valuable hands-on experience for participants, while sessions on neuromonitoring, autofluorescence, and ICG techniques highlighted the growing role of technology in achieving precision and safety in endocrine surgery. Over 20 trainees participated in the poster walk, judged by distinguished international faculty- Dr Christine O'Neill and Dr Joanne Walsh, Australia. The day concluded with the launch of the Lucknow Endocrine Surgery and Breast Club, a Multidisciplinary breast cancer symposium, and welcome dinner.

The second day, themed 'Advancing Precision in Endocrine Surgery,' focused on thyroid, parathyroid, and adrenal disorders. Two spirited debates and a lively quiz competition further engaged delegates. The Alumni Meet, themed "Endocrine Surgery Training and Practice in India: The Way Forward," provided a platform for alumni to share insights into the specialty's growth and training needs. The 37th Foundation Day ceremony featured addresses by Prof Shaleen Kumar (Dean), Padmashree Prof R K Dhiman (Director), and Dr Aditya Kapoor (Acting Director), with Dr Maruthu Pandian, President elect ASI and Past President IAES, as Chief Guest. The Foundation Day Oration was delivered by Dr Christine O'Neill, President, ANZ Endocrine Surgeons, on "Improving Outcomes in Endocrine Surgery".

The concluding day was marked by a plenary on Anesthesia for endocrine disorders by Dr Joanne Walsh, senior staff anaesthetist, Australia. A thyroid cancer symposium addressed pathology, risk stratification, advanced disease management, and the need for Indian thyroid cancer guidelines. The event concluded with distribution of awards, travel grants, and valedictory remarks.

# IAES Newsletter



## Career counselling

Career counselling with MBBS and PG Students- 10th June 2025

One hour session each batch of around 100 students participated. Very interactive session by all the Panellists. Relevant photos are attached. Students also asked their queries regarding the career options. Discussion regarding pros and cons of Surgery as an option and which sub-speciality to choose were discussed in details.



*"Millimeter Surgery, Lifelong Impact."*

*"Minimally invasive adrenal surgery reduces recovery time without compromising cure."*

(J Clin Med Special Issue on Endocrine Surgery, 2025)



# IAES Newsletter



## AI meets Thyroid

\*On the occasion of World Thyroid Day 2025, we are proud to announce the launch of "Thyrobot AI" — India's first Hindi-language AI chatbot for thyroid awareness and patient education by Dr Sanjay Kumar Yadav in Surgery Department, Govt Medical College, Jabalpur.\*

Launched today by Prof. Anjali Mishra (President, IAES), Prof. Pooja Ramakant (Secretary, IAES), Dr. Pushparaj Bhatele (Secretary, IMA MP State Branch), Dean, Superintendent, Head of Surgery Department, and other dignitaries, this initiative is a major leap toward accessible, evidence-based, and language-appropriate health information for patients across North and Central India.

### \*Key Highlights:\*

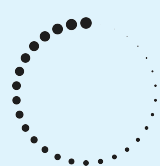
- \* Provides scientifically accurate, Hindi-language information on thyroid diseases, nodules, and cancers.
- \* Powered by guidelines from the \*American Thyroid Association\*
- \* Designed to address myths, misconceptions, and improve health-seeking behavior.
- \* Fully functional on mobile devices for ease of use by patients, ASHA workers, and primary care physicians.

This AI tool has been conceptualized and deployed by us, the highest-volume advanced care center in Central India

\*We are committed to empowering patients and primary care providers with reliable knowledge, accessible in the language they understand best.\*

\*Try Thyrobot AI here:\*

<https://chatgpt.com/g/g-6832bbc85d8c8191ad72e30398e34a12-thaaiirobontt-ai>



“Enhanced recovery pathways are shortening hospital stays after endocrine surgery.”  
(Annals of Surgery, 2025)



